

BAKERY

INR 175

Choose any one
Contains Gluten

- ▲

Classic Croissant



Calories 122kcal
- ▲

Danish



Calories 107kcal
- ▲

Almond Croissant



Calories 188kcal
- ▲

Muffin



Calories 90kcal
- ▲

Pain-Au-Chocolate



Calories 140kcal
- ▲

Doughnut



Calories 82kcal

BAKERS BASKET

INR 245

Choose any 4 pieces
Calories 213kcal

- Sunshine Toast
(whole meal multi grain)
- White Bread
- Whole Wheat
- Sour Dough

COLD- PRESSED FRESH JUICES

INR 500

- ABC Juice

Apple, Beetroot, Carrot

Quantity 200gm I Calories 99kcal
- Green Juice

Kale, Cucumber, Green Apple, Mint

Quantity 200gm I Calories 65kcal
- Orange Juice

Quantity 200gm I Calories 96kcal
- Watermelon Juice

Quantity 200gm I Calories 41kcal
- Pineapple Juice

Quantity 200gm I Calories 86kcal

SELECTION OF EGGS

INR 895

Eggs served with choice of Bacon or Sausage

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Egg Selection

Egg any style served with Roasted Tomato, Potato, Spinach

Quantity 170gm I Calories 288kcal


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Egg Royale

Poached egg on English muffin with salmon topped with hollandaise

Quantity 180gm I Calories 359kcal


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Eggs Benedict

Poached egg on English muffin with ham topped with hollandaise

Quantity 180gm I Calories 301kcal


- ▲

Egg Florentine

Poached egg on English muffin with spinach topped with hollandaise

Quantity 180gm I Calories 301kcal



HEALTHY SHAKES AND SMOOTHIES - INR 525

- Chikoo, Soaked Almond, Soya Milk



Quantity 300gm I Calories 336kcal

Carbohydrate 38.44 g, Protein 11.17g
- Avocado, Spinach, Celery Smoothie



Quantity 280gm I Calories 203kcal

Total Carbohydrate 12.92g, Protein 10.5g
- Peanut Butter Banana Almond Milk



Quantity 280gm I Calories 328kcal

Carbohydrate 38.91g, Protein 10.12g
- Blueberry, Pumpkin Seed Smoothie



Quantity 280gm I Calories 231kcal

Total Carbohydrate 45.4g, Protein 15.1g
- Green Apple, Spinach, Coconut Water

Quantity 280gm I Calories 122kcal

Protein 1.5g
- Strawberry, Banana, Chia Seed Smoothie



Quantity 300gm I Calories 356kcal

Total Carbohydrate 52.2g, Protein 6.85g
- Cacao, Date, Banana, Almond Milk

Quantity 300gm I Calories 520kcal

Protein 9.35g

WRAPS / SANDWICHES / BURGERS

- Mushroom Avocado Toast, Truffle Salsa



Quantity 260gm I Calories 175kcal

Total Carbohydrate 34.7g, Protein 11.82g

INR 1475
- ▲

Norwegian Smoked Salmon, Egg, Avocado and Tofu on Whole Wheat Sourdough



Quantity 280gm I Calories 615kcal

Total Carbohydrate 24.75g, Protein 30.48g

INR 1475
- ▲

Chipotle Lamb Burger



Minced Chipotle peppers, Caramelized Onion, Tomato, Montry Jack, Iceburg

Quantity 220gm I Calories 405kcal I Carbohydrate 26.14g / Protein 45.1g

INR 1525
- ▲

Greek Chicken Burger White Cheddar, Loloroso, Cucumber, Tomato, Spice Dust, Black Sesame Bun



Quantity 220gm I Calories 441kcal Carbohydrate 21.61g, Protein 16.84g

INR 1475
- ▲

Wild Mushroom, Baby spinach on Whole wheat with Poached egg and Mozarella Cream



Quantity 220gm I Calories 551kcal Carbohydrate 1.4g, Protein 34.8g

INR 1475
- Falafal Harissa and Tahina Wrap



Quantity 180gm I Calories 358kcal

Total Carbohydrate 52.44g, Protein 14.19g

INR 1025
- ▲

Chicken Shawarma Wrap, Aioli and Harissa



Quantity 250gm I Calories 534kcal Carbohydrate 26.07g, Protein 32.4g

INR 1425
- Red Quinoa and Chickpea Burger



Crunchy lettuce, tomato, spicy mayo Brioche

Quantity 220gm I Calories 656kcal

INR 1475
- Chilli Cranberry, Silken Tofu, Avocado on Sourdough Toast



Quantity 220gm I Calories 656kcal

INR 1475

HEALTHY PASTA

Approximate calories of pasta per serving
Calories 390 /Carbohydrate 89.3g / Protein 6.1g

Multigrain Fusilli, Spicy Cherry Tomato Sauce

Quantity 280gm I Calories 426kcal

CHOICE OF SAUCE:

- Basil pesto / Spicy cherry tomato / Blue cheese

INR 1425
- ▲

Chicken bolognaise

INR 1625

Rice Flour Penne, Basil Pesto

Quantity 250gm I Calories 575kcal

Whole Wheat Penne, Blue Cheese Sauce

Quantity 280gm I Calories 996kcal

Whole Wheat Spaghetti, Chicken Bolognaise

Quantity 280gm I Calories 422kcal

All prices are exclusive of applicable Government taxes. We will be delighted to incorporate your specific dietary requirements and preferences or any food allergies in the preparation of your meal. As per guidelines issued by the Food Safety & Standards Authority of India (FSSAI), an average active adult requires 2000 kcs of energy per day. However, the actual calories needed may vary per person.

- VEGETARIAN
- ▲

NON-VEGETARIAN
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- 
- 
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LUNCH & DINNER - SMALL PLATES

- Baby Tender Leaves with Apple, Feta, Cranberry, Mustard Honey Dressing

Quantity 180gm | Calories 180kcal , Carbohydrate 60.4g, Protein 5.1g

INR 925
- Charred Broccoli, Sprout Lentil, Cucumber Heirloom Cherry Tomato

Quantity 180gm | Calories 180 , Carbohydrate 11.53g, Protein 5.42g

INR 925
- Quinoa Cranberry Salad (Gluten Free)

Quantity 160gm | Calories 369kcal , Carbohydrate 58.29g, Protein 16.22g

INR 925
- Roasted Squash with Pomegranate Molasses and Pistachio

Quantity 200gm | Calories 420kcal , Carbohydrate 27.52g, Protein 26.45g

INR 1425
- Pea and Artichoke Mousse with Zaatar Coated New Potato and Asparagus

Quantity 220gm | Calories 670kcal , Carbohydrate 23.86g, Protein 9.7g

INR 1425
- Black Rice, Cottage Cheese and Watermelon Salad

Quantity 220gm | Calories 449kcal , Carbohydrate 13.2g, Protein 13.1g

INR 925
- Fresh Rucola, Cucumber, Garlic yoghurt and Falafel Salad

Quantity 240gm | Calories 446kcal , Carbohydrate 19.86g, Protein 31g

INR 925
- Cured Salmon Tarter with Cilantro Egg White

Quantity 280gm | Calories 537kcal , Carbohydrate 4.92g, Protein 39g

INR 1125
- Fresh Thyme Marinated Grill Prawn, Chili Flakes, Fresh Parsley (Gluten Free)

Quantity 165gm | Calories 174kcal , Carbohydrate 2.42g, Protein 5g

INR 1625

LARGE PLATES

- Roasted Garlic, Parmesan, Artichok with wilted Spinach

Quantity 240gm | Calories 122 gram, Carbohydrate 19.29g, Protein 2g

INR 1450
- Vegan Cannelloni with Fruit Salsa and Herb Oil

Quantity 280gm | Calories 526kcal , Carbohydrate 81.45g, Protein 15g

INR 1450
- Fresh Vegetables Caponata, Turmeric Cauliflower Rice- Vegan / Keto / Gluten Free

Quantity 200gm | Calories 75kcal , Total Carbohydrate 6.72g, Protein 3.31g

INR 1450
- Zucchini Noodles, Basil Pesto - Vegan / Keto / Gluten Free

Quantity 180gm | Calories 69kcal

Total Carbohydrate 5.19g, Protein 2.2g

INR 1450
- Grilled Lime Chicken with Black Rice and Avocado Mash

Quantity 280gm | Calories 445kcal , Total Carbohydrate 33.11g, Protein 12.76g

INR 1625
- Baked Black Cod with Charred Heirloom, Grilled Celery and Capers

Quantity 280 gm | Calories 264kcal , Total Carbohydrate 13.14g, Protein 8g

INR 2800

SOUPS

- Beetroot, Carrot, Spinach Soup (Gluten Free)

Quantity 200gm | Calories 50kcal

INR 775
- Chicken and Sweet Corn Soup (Gluten Free)

Quantity 180gm | Calories 165kcal

INR 900

MEZZE AND PITA

INR 1125

- Hummus

Quantity 100gm | Calories 451kcal
- Harissa Sauce

Quantity 30gm | Calories 64kcal
- Baba Ghanoush

Quantity 60gm | Calories 38kcal
- Aioli

Quantity 25gm | Calories 192kcal
- Tabbouleh

Quantity 60gm | Calories 110kcal
- Tahina Sauce

Quantity 30gm | Calories 45kcal
- Marinated Olives

Quantity 30gm | Calories 90kcal
- Small Pitta Bread

Quantity 60gm | Calories 165kcal

DESSERTS

INR 775

- Greek Yoghurt and Honey Parfait

Quantity 120gm | Calories 192kcal
- Sorbets - Raspberry and Champagne, Passion Fruit and Plum

Quantity 150gm | Calories 266kcal
- Cold Matcha Almond Milk Pannacotta

Quantity 120gm | Calories 266kcal

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VEGETARIAN

NON-VEGETARIAN

GLUTEN

MILK

NUTS

EGGS

SOYA

FISH

SULPHITES

CRUSTACEAN